

Virtual Reality Course

#### Embodied Virtual Reality Limits and applications

evelopment Kit 2

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We can only experience the world from the perspective of our body.

#### Virtual Reality Embodiment allows experiencing the world from the perspective of another body.

#### VR Embodiment via 1PP + Visuomotor Synchrony



Mel Slater, University of Barcelona





# What are the conditions and limits of VRE?

Research work by Ronan Boulic (Immersive Interaction Group, EPFL) and Bruno Herbelin (LNCO, EPFL)

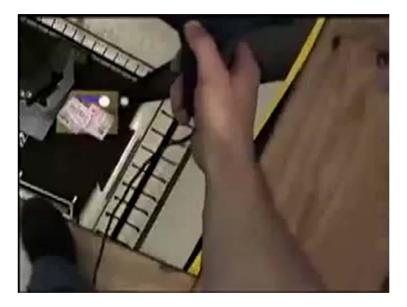




CHAIR IN COGNITIVE NEUROPROSTHETICS

### Physiological measure of Presence Fear induction in the virtual pit room

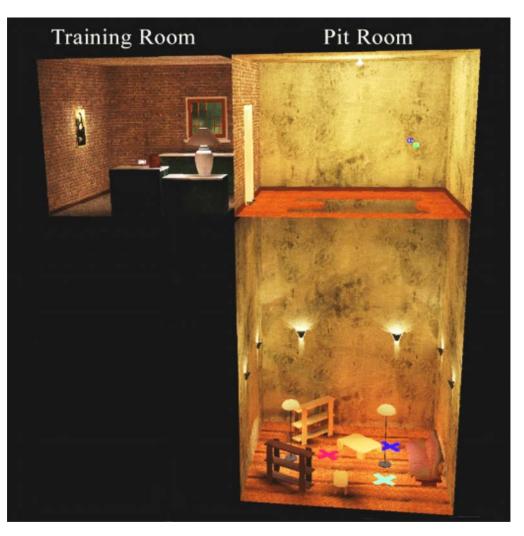
Augmented Environment Lab 2007 Virtual Pit



Meehan et al. 2002



Measure of fear with physiological sensors (GSR, ECG) shows high reaction to fear of height



Comparing First & Third Person View



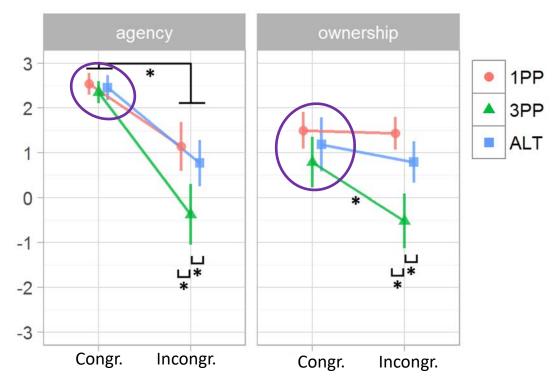
Voluntarily alternating First & Third Person View





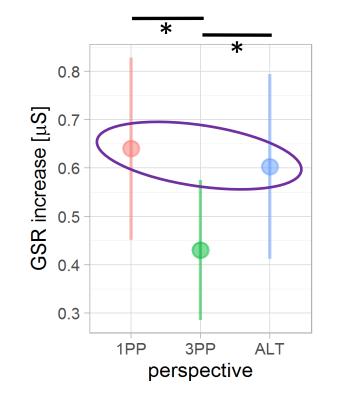
### Voluntarily alternating First & Third Person View

#### Questionnaire result



Strong embodiment in congruent visuo-motortactile condition for both 1<sup>st</sup> and 3<sup>rd</sup> P. view Galvan-Debarda et al. –PLOS ONE 2017

#### Galvanic skin response to threat



Alternating views can combine the advantages of both

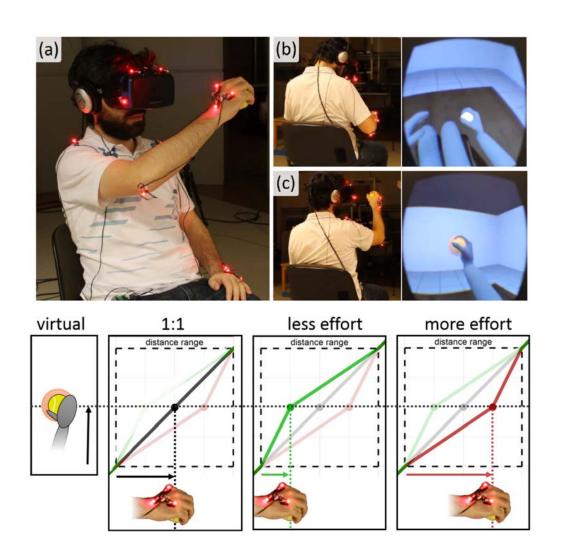
Self-Attribution of Distorted Reaching Movements CONSIGNATION OF

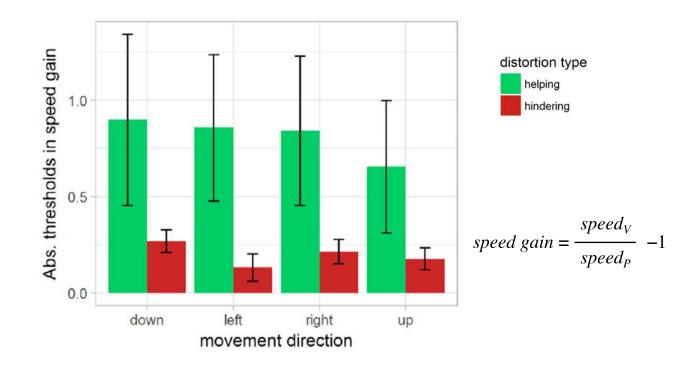
COLUMN T



### Self-Attribution of Distorted Reaching Movements

Galvan-Debarda et al. 2018 – Computer & Graphics 76(142-52)

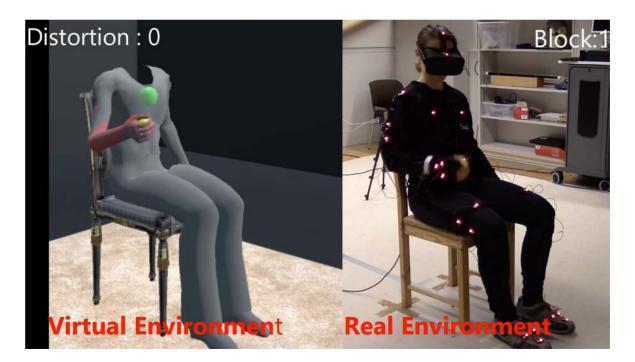




Helping reaching movement is good and not easily detected Hindering movement is critical

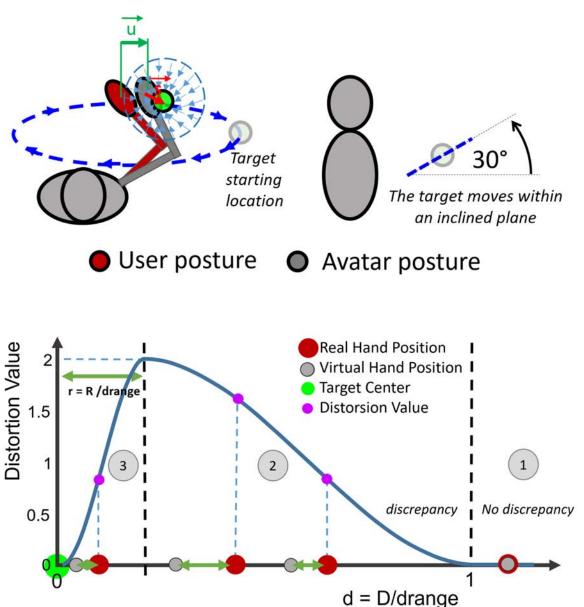
#### Porssut et al. – Accepted IEEEVR 2019

# Reconciling Being in-Control vs Being Helped



BLOC 1 - Self-attribution Threshold

BLOC 2 – Progressive Distortion



### Distortion : 100

# Training only

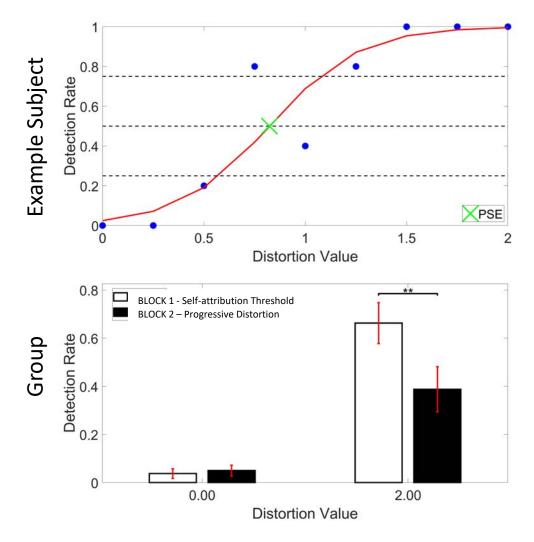
#### Subject View

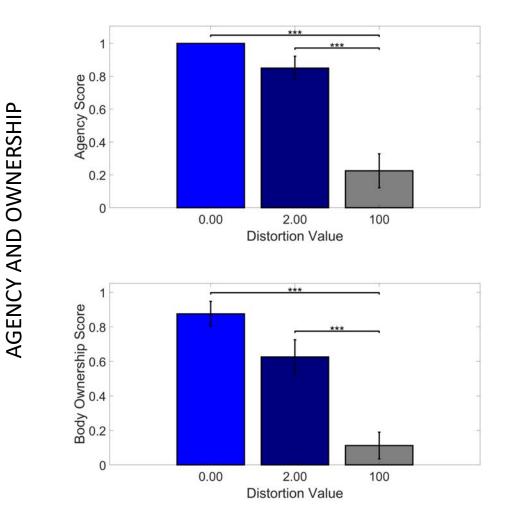
Top Vie





# Reconciling Being in-Control vs Being Helped Results (N=24)





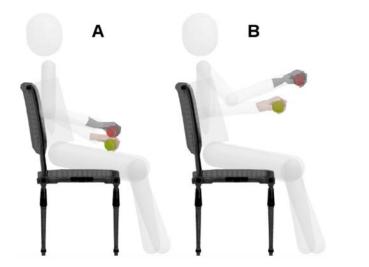
DETECTION RATE

Self-Contact Visuo-tactile Congruency is stronger than Agency

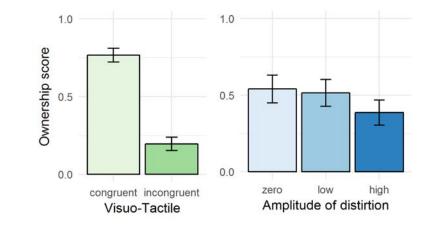


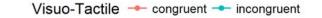
### Self-Contact Visuotactile Congruency

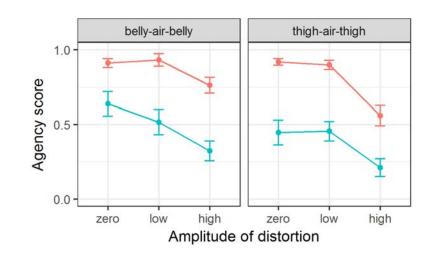
#### Bovet et al. – IEEEVR 2018

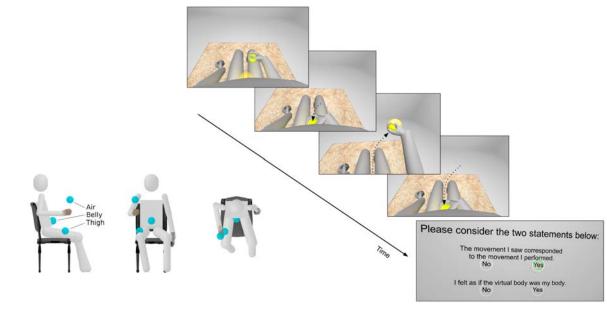


Self-Touch is critical, And more important than agency











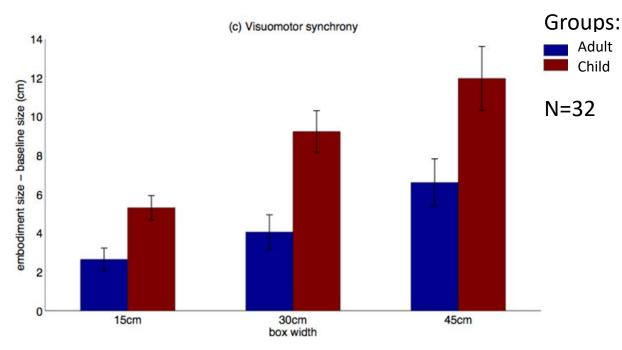
Changes in body representation lead to changes in perception, attitudes and behavior

Examples from **eventLab** Prof. Mel Slater Barcelona University

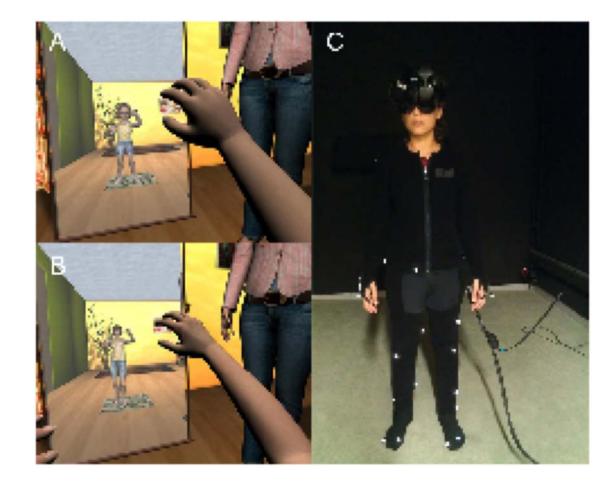


# Becoming a Child

Just a few moments of multisensory stimulation leads to changes in size perception and self-attributions.



Both groups overestimated the sizes of objects. Those in the child group double overestimated.



Banakou, Groten, Slater (PNAS, July 2013)

# Transforming the Self into a Child

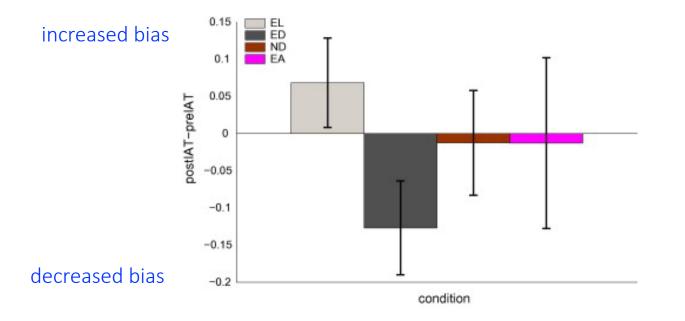
#### Domna BANAKOU<sup>1</sup>, Raphaela GROTEN<sup>1</sup>, Mel SLATER<sup>1,2,3</sup>

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### **Reducing Implicit Racial Bias**

Putting yourself in the skin of a black avatar reduces implicit racial bias



Banakou, Groten, Slater (2013) PNAS Peck, Seinfeld, Aglioti, Slater (2013) Consc. & Cogn Experimental conditions: Embodied-Light-Skinned (EL) Embodied-Dark-Skinned (ED) Non-Embodied Dark-Skinned (ND) Embodied-Alien-Skinned (EA)



#### *Note* Implicit Association Test (IAT)

If 'Black' are faces paired with negative words and 'White' faces with positive words faster than the other way around, this shows an *implicit* bias.

**Note** this does not mean that the person is prejudiced but reflects *implicit* bias (which may be socially determined)

#### <u>See</u>

https://implicit.harvard.edu/implicit/demo/



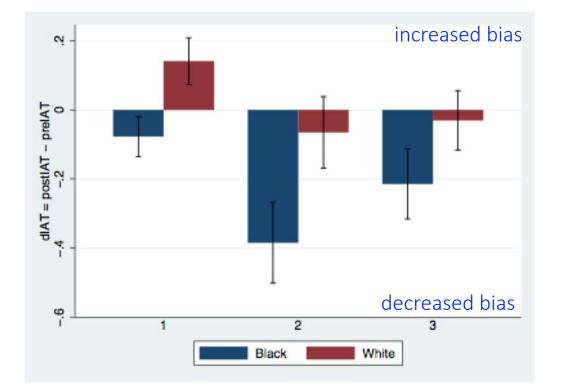


### Repetition study - embodiment of White people in Black body reduces implicit bias?

- Between Groups Design: 3 groups
  - 1, 2, or 3 exposures, each separated by 3 days
- IAT measured 1 week before 1st exposure
- IAT measured 1 week after last exposure
- Diminution lasts at least 1 week after the end of the exposure
- One exposure is sufficient to observe this effect

Banakou, Parasuram D, Slater (2016) Front. Human Neuroscience

Change in IAT (N = 89)



# Self Counselling

Basic idea: talking with yourself as if with another person could be helpful for personal problem solving.



Osimo, S. A., Pizarro, R., Spanlang, B., & Slater, M. (2015). Scientific Reports.





# Conversations between Self and Self as Sigmund Freud

A Virtual Body Ownership Paradigm for Self Counselling

### Potential social impact



**Observation on violence of soccer supporters:** identification with the victim (supporter of same club) leads subject to want to help



**Application against domestic violence**: rehabilitation of offenders by embodiment into a woman's body

*Work led by Dr Mavi Sanchez-Vives with Justice Dept Catalonia* 





# Synthesis

- Technologies for Virtual Reality Embodiment are available and effective
- Embodiment is robust to
  - Change of perspective
  - Movement distortion
  - Various appearance
  - Change of body
- Experiencing being in a different body impacts our perception and judgement of the world

#### Acknowledgements





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